

WEEKLY MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Salisbury Steak & Gravy Mashed Potatoes Green Peas Roll & butter Banana	Spinach Lasagna Marco's Vegetable Blend Cinnamon Apples Side salad & dressing Rice Pudding	Chicken Salad Scoop lettuce, cucumber & tomato Carrot Salad Assorted Crackers Berry Fruit Cup	FISH - Chef's Choice Sweet Potatoes Broccoli Bread Pudding Tartar Sauce Pack	Chicken in Mojo Sauce Rice & Black Beans Plantains Tomato & Onion Salad Roll & Butter Sliced apples
Week 2	Italian Roast Chicken Potatoes Squash Bread & butter Banana	Tuna Salad scoop on lettuce, cucumber & tomato Pasta Salad Assorted Crackers Frosted Chocolate Brownie	Meatloaf & Gravy Mashed Potatoes Herbed Carrots Roll & butter Berry Fruit Cup	Roast Turkey & Gravy Stuffing Brussel Sprouts Roll & butter Fruited Jell-O & Whipped Cream	Spaghetti & Meat Sauce with Parmesan cheese Cut Green Beans Bread & Butter Sliced apples
Week 3	Chicken Cutlet Red Cabbage Roll & Butter Side Salad/Dressing Banana	Stuffed Cabbage Roll Sweet Potatoes Zucchini Bread & Butter Chocolate Chip Cookie	Hamburger/Bun Sweet Potato Tots Lettuce/Tomato/Pickle Ketchup Pack Berry Fruit Cup	Turkey Sandwich on rolls 3 Bean salad Lettuce/tomato Mayo/Mustard Pack Carrot Cake	Broiled Fish w/ Lemon Rice Pilaf Broccoli Bread & butter Sliced apples
Week 4	Pot Roast & Gravy Mashed Potatoes Peas & Carrots Bread & butter Banana	"Chef's Choice" Protein/Starch/Vegetable Bread & butter Dessert	Baked Ziti Broccoli Herbed Carrots Bread & butter Berry Fruit Cup	Greek Salad with Chicken Pita Bread Greek Dressing Pound Cake with Fruit & Whipped Cream	Pulled BBQ Chicken Cauliflower au gratin Cooked Greens Cornbread & Butter Sliced Apples

Substitutions may be made without prior notice at the discretion of the chef